## Worshiping the Tree

Also known as Praying to the Tree is to take a moment to reflect on reality - the way it really is - and to not only wonder what is real - but to reflect on the importance of Reality in our daily lives. We give thanks to those in our society who do the hard work to make sure that reality is considered in making decisions that affect our lives. When we reflect on the Tree of Knowledge - the sum total of human understanding - as we look around us in humble amazement and thankfulness of those who came before us and whose thoughts and discoveries are part of who we are today. Who we are and how we live has been given to us through the Tree. We put our energy back into the Tree by being Real in the Sacred Moment.