

## The Sacred Moment

The Sacred Moment is Now. To "be here now" is to be in the sacred moment. This is the moment that decisions are made in. The moment where we experience reality in real time. We learn from the past and we look to the future. But Now is where we live.

The Sacred Moment is the moment of power - the moment of decision. As you are reading these words you become aware of your existence in the now. This is the point where you are making your decisions as to who you are or what you will do next. You can decide right now to stop reading this - or you can choose to read on. Now is the moment that you control and the time in which all choices are ultimately made. Therefore now becomes that Sacred Moment in the Church of Reality.