

## Understanding Reality Requires Science and Proof

Out here in the real world we have a way to distinguish between what's real and what isn't. It's called science. It relies on testing and proof. It invites scrutiny. It is doubt based. It specifically excludes faith, and it's a process that works. To exclude proof is to exclude science and to exclude science is to exclude knowing reality. Reality exists on it's own without any need to be believed in. But to know reality involves scientific discovery, doubt, scrutiny, accountability, and questioning. Can someone find reality by other means than science? Perhaps so. You could, for example, take a wild guess and just happen to guess right. But is that a way of knowing reality? Not at all, because if you take a guess and it turns out you are right, you will never know if you were right until it is scientifically proven.

Reality exists on it's own with or without understanding. Reality itself doesn't care if we get it right or wrong. But if we want to get it right, then we need a way to discern what's true from what isn't. And the only way to do that is to prove it. Proof is the only way that we can know if something is real or isn't real. Guessing isn't knowing. Making up fiction isn't knowing. Divine inspiration isn't knowing, because you don't really know if God is talking to you or if something pretending to be God (like your imagination) is talking to you.

To declare something real is to declare that it's provable by science, or that it will at least some day be proved by science to be real. Until then, it might still be real, but it will just be a guess. The declaration of reality evokes proof and since faith specifically excludes proof, then faith excludes the understanding of reality. Faith puts what is real and what is unreal on the same level. Required faith excludes proof and denies verification. It relies on the idea that there are real things that we are prohibited from knowing by deities that don't want us to be too smart. Deities that would deny us the understanding of reality. It depends on if there exist truths that can't be questioned.