

## Envisioning the Future

It's important to think about the future. This is especially true of teens because your teen years are very important. This is the time when your core personality is forming and what you envision as a teen has a huge influence on who and what you will become for the rest of your life. Many teens end up being the result of their experiences as a teen. That's why it's important for you to own yourself and take control of who you are and what you want to become. After all, it's your life and if you don't take control of it then you won't be able to fully experience your potential.

So - it's good to think about what you want to be when you grow up. Do you see yourself being a normal happy person? Do you want to get married, have a family, or do you want to be your own person, be independent? Do you want to accomplish great things? Do you want to make lots of money? Do you want to be a world leader? Invent cool stuff? Be in a band? Run for office? Live on a farm and grow your own food? Be an artist? Who are you really? And what do you want to become?

Picture yourself as an adult. What do you see? Where do you see your life going? Who are you really? What do you like to do? What do you care about? What is the most important thing in your life?