

Exploring Reality through Contemplation

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The Church of Reality is a religion about the exploration of reality both individually and collectively. It is about increasing our understanding of ourselves individually, our human society, and the universe that we live in. In order to do that we contemplate everything we can find to try to understand all of it. We explore reality through individual and collective contemplation.

We live in a universe that is incredibly complex and infinitely interesting. We want to understand it all, comprehend it all. Why does anything exist? Why is there something rather than nothing? So here we are, what do we do now? What do I do with my life? We explore reality with our minds. Everything is interesting to us. What we are, who we are, and what we will become starts through contemplation.

Contemplation is a sacred act in the Church of Reality. Some religions pray, some religions meditate. We contemplate. Contemplation makes the mind stronger and it reprograms you to live a reality based life. It enforces the habit of critical thinking.

- {In:Contemplating the Name} - What is the Church of Reality?
- {In:Contemplating the Universe} - Science, Physics, the physical universe, things that are real.
- {In:Contemplating the Tree} - Knowledge, what do we know and why do we know it? The collective knowledge of humanity.
- {In:Contemplating Society} - Our relationship with each other. How we get along as members of humanity.
- {In:Contemplating the Future} - What is our destiny? What are we evolving into?
- {In:Contemplating the Path} - Who am I and how do I fit into society?
- {In:Contemplating Contemplation} - My mind, my perception, how our minds interface into reality.

This list of course doesn't represent everything that can be contemplated. This is more of a starting point to cover most things. You can also contemplate this list as to whether other contemplations should be added.