## Monorealism

Monorealism is the belief in one reality. That all things that are real are part of reality and that anything that isn't part of reality is not real. In contrast monotheists and polytheists tend to believe in "other realities" which are "outside" of the world of science and are experienced through emotions generated by the imagination. Our "world" includes "everything that is real" and excludes everything that is not real. We may not know what is and isn't real but our position is that whether or not we know it's status, that everything that is real is real and everything that is not real. There are no other states where something is real in "another world" or in a "different reality". Our definition of reality would include all other realities that are actually real. We distinguish ourselves from {In:Polyrealistic} religions that are based on the idea that we are one of many realities and that there are separate realities where supernatural beings like deities live.

Monorealism also accepts the {In:scrutiny 'Sacred Principle of Scrutiny} in that we apply the principles of science to determining what is and isn't real. We might believe something is true that we can't prove because we don't know everything. But if we believe in something it's because we have a reason to believe it's real. it's because we have some evidence, or a theory based on logic, or some mathematical model where at least the math works (string theory).

Monorealism excludes faith in that everything we believe in is subject to scrutiny. We have accepted that if we are proven wrong that we will change our minds. Faith excludes scrutiny and if you accept something based on faith then you are expected to continue to believe it no matter what.

Realists experience the world through understanding. We rely on logic, reason, wisdom, and scrutiny as the foundation of our beliefs. In contrast beliefs that require emotions and the imagination are not considered to be reliable.